

# Lunch & Dinner

(Available Midday – 2pm & 6 – 9.30pm unless otherwise stated)

## Please see our Fresh Seafood Specials Board

### Starters

**Garlic King Prawns or Oysters 'Au Naturel' 1.95 each**

**(GF)(VE) Watermelon & Feta Salad 8.25**

*(GF) Add Parma Ham: 4.95*

**Whole Baked Camembert 15.95**

Rocquette Cider Chutney, Toasted Bread and Italian Bread Sticks  
*(For two)*

**(GFA) Eggs Florentine 9.95**

Two Poached Eggs, Toasted Muffin,  
Wilted Spinach and Hollandaise Sauce  
*Add Smoked Haddock Croquette: 2.75*

**(GFA) Eggs Benedict 9.95**

Two Poached Eggs, Toasted Muffin  
and Hollandaise Sauce with Parma Ham

**(GFA) Smoked Salmon**

**with Scrambled Eggs or Avocado 9.95**  
Granary Toast

**(GFA)(V) Smashed Avocado  
& Two Poached Eggs 9.95**

Granary Toast, Roasted Vine Tomatoes  
*Add Smoked Haddock Croquette: 2.75*

**(GF)(V) Steamed Asparagus Spears 9.95**

Two Poached Eggs, Tarragon Hollandaise  
*(GF) Add Parma Ham: 4.95*

**(GFA) Classic King Prawn Cocktail 9.95**

Crisp Lettuce, Marie Rose Sauce, Fantail of Cucumber,  
Brown Bread Fingers

**(GFA) Braised Octopus & Chorizo 9.95**

in a Rich Tomato Sauce, Charred Fennel and Rustic Breads

**Moules 'Marinieres' 9.95 / Main 16.95**

*Add Guernsey Cream 1.00, Rustic Bread Basket 2.50,  
Skinny Fries 3.95*

**Tempura Fried Monkfish 11.95 / Main 22.95**

Vegetable Stir-Fry, Sweet & Sour Sauce

**(GFA) Pulled Ham Hock Terrine & Continental**

**Meat Board 1 pers 9.95 / 2 pers 16.95**

Pickled Vegetables, Red Onion Marmalade,  
Rustic Bread & Mixed Butters

**(GF) BBQ Asian Short Ribs of Beef 9.95**

Asian Slaw, Chilies and Sesame Seeds

**Homemade Duck Spring Rolls 9.75**

Oriental Salad, Honey & Soy Dressing

**(VE) Vegetable Spring Rolls 9.00**

Asian Slaw, Hoisin Sauce

**(GF) Soup of the Day 6.95**

**or Lobster Bisque & Garlic Croutons 8.45**

Rustic Bread

### Salads

*(Available from Midday onwards)*

**Starter 9.95 / Main 16.95**

**(GFA) Flash Fried Calves Liver**

Mixed Leaf & Red Onion Dressing

*Add Black Pudding and/or Crispy Pancetta: 2.00 each*

**(GFA) Caesar Salad**

Crisp Pancetta or Chorizo, Anchovy Dressing & Garlic Croutons  
*Add Free Range Chicken Breast: 4.95*

**(GF)(V/VE) Avocado, Pickled Beetroot  
& Goats Cheese Crostini**

Tomato & Red Onion Vinaigrette, Herb Bruschetta

**(GF)(V/VE) Poached Pear, Blue Cheese Crumble  
& Caramelised Walnuts**

Dressed Mixed Leaves

**(GF)(V/VE) Mediterranean Vegetables & Feta**

Zucchini Noodles, Roasted Red Peppers and Aubergine,  
Black Olives, Tomato & Pesto Dressing

### Guernsey Scallops

**3.50 each**

**Please choose your cooking preference:**

**(GF) St Jacques**

**(GF) Meunière Add Crispy Pancetta: 2.95**

**(GF) Thermidor**

### Guernsey Crab & Lobster

**Crab Starter 14.95 / Main 27.95**

**Lobster Half 19.50 / Whole 37.95**

**(GFA) Chilled**

Crisp Lettuce, Cherry Tomatoes, Cucumber, Spring Onions,  
Marie Rose Sauce, Lemon Mayonnaise,  
Brown Bread & Butter Fingers

*Add Chilled King Prawns 1.95 each*

*Add Smoked Salmon 4.95*

**(GFA) Thermidor**

Creamed Potatoes, Rocket Leaves

**(GFA) Risotto or Linguine**

Sweet Chili, Garlic & Cream Sauce, Rocket Leaves, Fresh Parmesan

### Mains

**Individual Fillet of Beef Wellington 29.95**

Served Pink, Horseradish Pommes Mouseline, Wilted Spinach,  
Caramelised Shallot & Red Wine Jus

**Herb Crusted Rump of Lamb 25.95**

Horseradish Rosti Potato, Sauté Green Beans and Pancetta.  
Minted Pea Purée, and a Rich Rosemary and Garlic Sauce

**Honey & Sesame Roasted Duck Breast 23.95**

Served Pink with Stir-Fried Rice Noodles,  
Pak Choi and Spring Onion

**(GFA) Free-Range Chicken Schnitzel,  
Melted Garlic Butter 19.95**

Sauteed Potatoes, Grilled Vine Tomatoes,  
Cucumber & Onion Vinaigrette

**Pork Medallions Picatta Milanese 19.95**

Caper Butter, topped with a Fried Egg and Gruyere Cheese,  
Red Onion & Tomato Salad and Sauté Potatoes

**(GFA) Seafood & Shellfish Linguine 20.95**

Cherry Tomatoes, Chopped Parsley, Garlic Butter, White Wine,  
Olive Oil, Parmesan Shavings

**Fillet of Scottish Salmon en Croute 19.95**

Steamed Greens, Herb Buttered New Potatoes,  
Sautéed Leeks & Gravadlax Sauce

**(GFA) Trio of Cobo Fish & Chips 18.95**

Pan Fried, Battered & Grilled Seafood & Shellfish,  
Minted Peas, Tartar Sauce, Hand Cut Chips

**Spinach & Ricotta Filled Tortellini 16.95**

Asparagus & Wild Mushroom Sauce,

Dressed Rocket Salad and Parmesan Shavings

*Add Fresh Free Range Cajun Spiced Chicken: 4.00*

**(V)(GF) Spanish Omelette 15.95**

Mediterranean Vegetables, Tomato and Red Onion Concasse,  
Dressed Mixed Leaf Salad

*Add Mature Cheddar Cheese: 1.50*

**(GFA) Sinangág**

Filipino Garlic Fried Rice and Vegetables with Oyster Sauce

*(VE) Deep Fried Tofu 14.95*

*Free Range Chicken Breast 17.50*

*King Prawns 19.95*

**(GF) Black & White Quinoa 14.95**

Saffron Fennel, Pomegranate, Crumbed Feta and Micro Coriander

### Char-Grilled Steaks

Served with Roasted Cherry Tomatoes,  
Garlic Mushrooms and Onions à la Française

**(GFA) Fillet: 175g 23.95 / 225g 28.95**

**(GFA) Sirloin: 175g 17.95 / 275g 25.95**

*(GF) Add Garlic Butter, Diane, Peppercorn,*

*Red Wine or Béarnaise Sauce: 2.00*

*Add Garlic King Prawns 1.95 each*

*Add Scallops Meunière 3.50 each*

### Burgers

*(Available from Midday onwards)*

Served in a Brioche or Vegan Bun  
with Skinny Fries or Hand Cut Chips

**180g Steak Burger 16.95**

Deep Fried Onions, Gherkins, Tomato, Dijon Mayonnaise

*Add Monterey Jack or Mild Cheddar Cheese: 1.50*

*Add Bacon or Crispy Pancetta: 2.95*

*Add a Fried Free-Range Egg: 1.50*

**Chicken Schnitzel Burger 15.95**

Baby Gem Lettuce, Sliced Tomato, Lemon Mayo & Sweet Chili Sauce

*Add a Fried Free-Range Egg: 1.50*

**(V/VE) Chickpea & Coriander Burger 15.50**

Baby Gem Lettuce, Sliced Tomato, Gherkin, Lemon Veganise

### Sandwiches & Ciabattas

*(Available 12 – 6pm Only)*

All of our Sandwiches can be served on Gluten-Free Bread

**(V/VE) Soup & Sandwich 9.95**

Small Soup of the Day with half a round of Ham & Tomato,  
Chicken Mayonnaise or Cheddar with Red Onion or Pickle

**(VE) Sliced Avocado Open Ciabatta 10.95**

Tangy Smashed Chickpeas, Sun Dried Tomatoes,

Dressed Rocket, Toasted Pine Nuts

*Add Feta Cheese Glaze: 1.95*

**Hand-Picked Crab Sandwich 13.95**

Lemon Mayonnaise

**Seafood & Shellfish Club Sandwich 14.95**

Warm Smoked Salmon, Cream Cheese & Chives,

Prawns Marie Rose, Lettuce, Sliced Cucumber

**Triple Decker Club Sandwich 14.95**

Warm Free-Range Chicken Breast, Grilled Bacon,

Baby Gem Lettuce, Sliced Tomato, Dijon Mayonnaise

*Add a Fried Free-Range Egg: 1.50*

**175g Sirloin Steak Ciabatta 16.95**

Garlic Butter, Red Onion Marmalade, Rocket Leaves

### Sides

*(Available from Midday onwards)*

**Sharing Bread Basket with Mixed Butters 4.95**

**Tempura Fried Onion Rings 2.95**

**Skinny or Hand Cut Chips, Sweet Potato Fries,**

**Sautéed, Creamed, Lyonnaise or**

**Herb Buttered New Potatoes 3.95**

**Garlic Creamed Spinach, Tempura Zucchini,  
Asparagus Spears, Mixed Steamed Greens 3.95**

**Mixed, Green or Tomato & Onion Salad 3.95**

*Enjoy a wide range of Homemade Desserts, After-Dinner Cocktails, Dessert Wines, Vintage Ports, Liqueurs, Brandies, Single Malt Whiskies, Teas and Coffees*

*A discretionary 10% service charge will be added to your bill.*

*GF = Gluten-Free | GFA = Gluten-Free Option Available | V = Vegetarian | VE = Vegan | V/VE = Vegetarian, Vegan Option Available. Please note that all of our local seafood and shellfish is subject to availability and may contain traces of shell or bone. Some dishes may contain unpasteurized cheeses, traces of nuts and other allergens. Please notify a member of staff should you have any special dietary requirements.*

## Cabo Bay Wraps

(Served Midday to 6pm) **13.95 each**

All the below served on a White Tortilla Wrap, accompanied with Lightly Sea Salted Crisps

### Panko Breaded, Free Range Chicken

Avocado, Cherry Tomatoes, Red Onion, Iceberg Lettuce & Sweet Chilli Sauce

### Asian Style Beef Trimming

Pickled Onions, Red Peppers, Sesame Seeds, Spring Onion, Ginger & Hoisin Sauce

### Marinated Filipino Shredded Pork 'Sisig'

Red Onion Vinaigrette, Sliced Tomato & Garlic Aioli

### Crispy Marinated Hoi Sin Duck

Cucumber, Spring Onion & Plum Sauce

### BBQ Glazed Rump of Lamb

Smoky Aubergine, Feta, Rocket Leaves & Mint Sauce

### Pan Fried King Prawns

in Sweet Chilli Stir Fry, Black and White Sesame Seeds

### Tuna Spring Onion Melt

Iceberg Lettuce, Croutons, Parmesan Shavings

### Black & White Sesame Nori Wrapped Tofu

Avocado, Pickled Carrots, Red Peppers & Wasabi Dip

## Breakfast & Brunch

(Available 9am – 11.30am)

(V)(GFA) Toast, Butter & Preserves **2.95**

(V) Croissant & Preserves or Danish Pastry **3.95**

(V/VE)(GFA) Bacon or Sausage Bap **5.95**

(VE)(GF) Pink Grapefruit & Natural Yoghurt **6.95**

Roasted Pine Nuts and Guernsey Honey

(V)(GFA) American Pancakes **7.95**

Maple Syrup, Fresh Berries and Vanilla Ice Cream

(V)(GFA) Eggs Florentine **9.95**

Two Poached Eggs, Toasted Muffin, Wilted Spinach and Hollandaise Sauce

Add Smoked Haddock Croquette: **2.75**

(V)(GFA) Eggs Benedict **9.95**

Two Poached Eggs, Toasted Muffin and Hollandaise Sauce with Parma Ham

(V)(GFA) Smashed Avocado & Two Poached Eggs **9.95**

Granary Toast, Roasted Vine Tomatoes

Add Smoked Haddock Croquette: **2.75**

(GFA) Smoked Salmon & Scrambled Eggs or Avocado **9.95**

Granary Toast

(V)(GFA) Vegetarian Brunch **10.95**

Two Eggs, your way, with Vegetarian Sausage, Grilled Tomato, Sautéed Mushrooms, Wilted Spinach, Hash Browns, Baked Beans and Toast

(GFA) 3 Egg Omelette with Your Choice of 3 Fillings **9.95**

Ham, Bacon, Cheddar, Feta, Cream Cheese, Tomato, Avocado, Mushroom, Spinach, Red Onion, Olives, Smoked Salmon *Fillings: 1.50 each*

(GFA) Traditional Full English **13.95**

Eggs, your way, with Grilled Bacon, Pork Sausage, Tomato and Sautéed Mushrooms, Hash Brown, Baked Beans and Toast

(GFA) 175g Minute Sirloin Steak **17.95**

Hash Browns or Skinny Fries, Sautéed Mushrooms, Grilled Tomato

Add a Fried Free Range Egg: **1.50**

## Children's Menu

(Available from Midday onwards)

(GFA) (V) Garlic Bread **1.95**

Add Melted Mozzarella Cheese: **1.00**

(V) Portion of Skinny or Curly Fries **3.95**

Add Melted Cheddar Cheese: **1.00**

Chicken Nuggets and Chips **6.95**

Baked Beans or Garden Peas

(GFA) Homemade Fish Goujons **8.50**

Skinny Fries, Garden Peas, Tartar Sauce

Pork or Vegan Sausage and Chips **6.95**

Baked Beans or Garden Peas

(GFA) Homemade Beef Slider **8.95**

Skinny Fries

Add Cheddar Cheese: **1.00**

Add Grilled Bacon: **1.00**

(GFA)(V) Penne Pasta 'Pomodoro' **6.95**

Rich Tomato & Basil Sauce

Add Grated Mozzarella Cheese: **1.00**

## Set Lunch & Early Bird Dinner Menu\*

**2 courses £17.95 / 3 courses £23.50**

(\*Available 12 – 2pm & 6 – 6.30pm, please vacate table by 8pm)

(V) Herb Cheese Flat Breads Choice of Goats Cheese & Red Onion Marmalade, Halloumi & Mediterranean Vegetables, Feta & Black Olives or Parmesan & Rocket

Tempura Fried Salmon Roll Nori Sheets, Ginger, Green & Red Chillies & Pickled Radish

(GF) 'Tom Yam' Hot & Sour Fish Soup

(GF) Curried BBQ Chicken Wings Pickled Red Onions, Spring Onions and Crème Fraîche Chive Dip

(GF) Crispy Sticky Pork Belly Asian stir Fry, Sweet Chilli BBQ sauce

(GF)(V) Baked Aubergine Parmigiana

Marinated Strips of Sirloin Steak & Mixed Salad Tortilla Wrap

Garlic Mayo & Fries

(GF) Crisp Marinated Belly Pork Black Pudding Sauce, Asian Stir Fry Vegetables & Rice Noodles

Penne Pasta Bolognese In a Rich Tomato Sauce, Fresh Parmesan

(GF) Pan Fried Black Bream Tomato, Onion, Garlic & Whipped Egg, Vegetable Fried Rice

(GF) Cajun Seafood Tomato, Cucumber, Onion & Balsamic Vinaigrette, Egg Fried Rice

(GF)(V/VE) Vegan Adobo Mushrooms, Carrots, Mange Tout, Celery, Potatoes & Soy Sauce

Banana Fried Spring Rolls Vanilla Ice Cream

(GF) Chocolate Meringue Buttercream & Cashew Nuts

(GF) Crème Caramel

(GF) Lemon Posset

Guernsey Ice Creams

(GF) Selection of Sorbets

## Sunday Roasts

Served with Seasonal Vegetables & Duck Fat Roast Potatoes

(GFA) Sirloin of Beef **19.95**

Yorkshire Pudding, Red Wine Jus, Horseradish Sauce

(GFA) Pork Belly **18.95**

Crisp Crackling, Calvados Jus, Apple Sauce

(GFA) Free Range Chicken Breast **18.95**

Sausage Wrapped Chipolata, Natural Jus

## Dessert Menu

(Available from Midday onwards) **8.25 each**

Raspberry and Buttermilk Panna Cotta

Passion Fruit and White Chocolate Cheesecake Honeycomb Crumble

Dark Chocolate Fondant Grilled Peach, White Chocolate Ice Cream

Apple Strudel Choice of Chantilly Cream or Vanilla Ice Cream

Pineapple Tart Tatin Vanilla Ice Cream

Thyme Scented Crème Brûlée Lemon Shortbread

Cheese Board *(1.00 supplement)*

Mature Cheddar, Stilton and Brie with Celery, Grapes, Caramelised Walnuts, Fruit Chutney and Biscuits

Selection of Ice Creams and Sorbets **1.95 per scoop**

A discretionary 10% service charge will be added to your bill.

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